

FAIRLAWN PRIMARY SCHOOL

Spring / Summer 2020



WEEK 1

06/01, 27/01,
24/02, 16/03

Option 1

Monday.

Traditional Organic
Cottage Pie

Tuesday.

Cajun Chicken Pizza
served with Potato
Wedges

Wednesday.

Roast Chicken served
with Stuffing, Roast
Potatoes and Gravy

Thursday.

Turkey Meatballs in
Tomato Sauce served
with Spaghetti

Friday.

Fish Fingers or Salmon
Fish Fingers
served with Chips

Option 2

Vegetarian

Vegetarian Pasta
Bolognaise

Cheese and Tomato
Pizza served with Potato
Wedges

Roast Quorn served with
Stuffing, Roast Potatoes
and Gravy

Three Bean Chilli Con
Carne served with
Steamed Rice

Vegetable Nuggets
served with Chips

Option 3

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans or
Coleslaw

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Coleslaw

Jacket Potato with
Grated Cheese

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Grated Cheese, Tuna
Mayo, Baked Beans or
Coleslaw

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Grated Cheese, Tuna
Mayo, Baked Beans or
Coleslaw

Vegetables

Carrots
Garden Peas

Broccoli
Sweetcorn

Carrots
Cabbage

Green Beans
Carrots

Baked Beans
Garden Peas

Dessert

Wholemeal Shortbread

Pineapple Upside Down
Cake with Custard

Fruit Salad

Apple and Cinnamon
Whirl

Chocolate Ice Cream

WEEK 2

13/01, 3/02,
02/03, 23/03

Option 1

Monday.

Jerk Chicken
served with
Steamed Rice

Tuesday.

Toad in the Hole
served with Mashed
Potato and Gravy

Wednesday.

Roast Chicken served
with Stuffing, Roast
Potatoes and Gravy

Thursday.

Chicken and Tomato
Pasta Bake

Friday.

Gluten Free Battered
Fish served with
Chips

Option 2

Vegetarian

Macaroni Cheese

Vegetarian Toad in
the Hole served with
Mashed Potato and
Gravy

Roasted Vegetable
Gratin served with
New Potatoes

Vegetable Stir Fry
served
with Steamed Rice

Cheese and Tomato
Wheel served with
Chips

Option 3

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans or
Coleslaw

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Grated Cheese

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Coleslaw

Vegetables

Sweetcorn
Carrots

Cauliflower and
Broccoli
Garden Peas

Carrots
Green Beans

Garden Peas
Carrots

Baked Beans
Garden Peas

Dessert

Apple Crumble with
Custard

Fruit Salad

Carrot Cake

Chocolate and
Beetroot Brownie

Orange Iced Sponge

WEEK 3

20/01, 10/02,
09/03, 30/03

Option 1

Monday.

Organic Beef
Bolognaise Pasta Bake

Tuesday.

Chicken Sausage
Hot Dog

Wednesday.

Roast Turkey served
with Stuffing, Roast
Potatoes and Gravy

Thursday.

Chicken Curry served
with Steamed Rice

Friday.

Fish Fingers served
with Chips

Option 2

Vegetarian

Vegetable Lasagne

Vegetarian Sausage
Hot Dog

Sweet Potato
Wellington served with
Roast Potatoes and
Gravy

Spinach, Potato and
Chick Pea Curry served
with Steamed Rice

Cheese and Onion
Pasty served with
Chips

Option 3

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans or
Coleslaw

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Grated Cheese, Tuna
Mayo, Baked Beans or
Coleslaw

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans or
Coleslaw

Jacket Potato with
Grated Cheese

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans or
Coleslaw

Vegetables

Sweetcorn
Green Beans

Carrots
Garden Peas

Sautéed
Cabbage and Leek
Carrots

Green Beans
Sweetcorn

Baked Beans
Garden Peas

Dessert

Flapjack

Jam Tart with Custard

Mandarin Jelly

Fruit Salad

Apple and Cherry Pie
with Custard

LOOK FOR THE SUGAR SHERIFF
THESE MEALS ARE
COMPLETELY FREE
FROM ADDED SUGAR!



Freshly Baked Bread, Salad Bar, Yoghurt
and Fresh Fruit are available daily

THIS MENU SUPPORTS:



We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

