



Year Group		Autumn Term		Spring Term		Summer Term	
		Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Reception	Indoor	PE Hub 'Speed Agility Travel'	PE Hub 'Body Management'	PE Hub - Manipulation & Communication'	PE Hub 'Gymnastics'	PE Hub 'Dance'	Challenge Day Preparation
SPORTING HEROES		USAIN BOLT (BASKETBALL)	SERENA WILLIAMS (TENNIS)	JODY CUNDY (PARA-CYCLIST)	LEWIS HAMILTON (MOTOR RACING)	JESSICA ENNIS-HILL (ATHLETICS)	LAUREN STEADMAN (PARA-TRIATHLETE)
Year 1	Indoor	Unit 1 'Multi-skills'	Unit 2 'Mighty movers'	Unit 3 'Skip to the beat'	Unit 3 'Groovy Gymnastics'	Unit 2 'African dance'	Unit 5 'Cool core'
	Outdoor	Unit 5 'Throwing and catching'	Unit 4 'Brilliant ball skills'	Unit 5 'Throwing and catching' (Repeated)	Unit 4 'Brilliant ball skills' (Repeated)	Unit 6 'Active Athletics'	Challenge Day Preparation
SPORTING HEROES		MICHAEL JORDAN (BASKETBALL)	LINDSEY VONN (SKIING)	JONNIE PEACOCK (PARA-ATHLETE)	MO FARAH (ATHLETICS)	KELLY SMITH (FOOTBALL)	ELLIE SIMMONDS (PARA-SWIMMER)
Year 2	Indoor	Unit 1 'Multi-skills'	Unit 2 'Mighty movers'	Unit 3 'Skip to the beat'	Unit 3 'Groovy Gymnastics'	Unit 2 'Ugly bug ball'	Unit 5 'Cool core'
	Outdoor	Unit 5 'Throwing and catching'	Unit 4 'Brilliant ball skills'	Unit 5 'Throwing and catching' (Repeated)	Unit 4 'Brilliant ball skills' (Repeated)	Unit 6 'Active Athletics'	Challenge Day Preparation
SPORTING HEROES		MUHAMMED ALI (BOXING)	BILLIE JEAN-KING (TENNIS)	WILL BAYLEY (PARA-TABLE TENNIS)	BOBBY MOORE (FOOTBALL)	DINA ASHER-SMITH (ATHLETICS)	SARAH STOREY (PARA-CYCLIST)

Fairlawn Primary School PE Curriculum

Year Group		Autumn Term		Spring Term		Summer Term	
		Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Year 3	Indoor	Unit 1 'Multi-Skills'	Unit 2 'Mighty Movers'	Unit 3 'Skip to the Beat'	Unit 3 'Groovy Gymnastics'	Unit 2 'Bollywood Dance'	Unit 5 'Cool Core'
	Outdoor	PE Hub 'Handball'	PE Hub 'Hockey'	PE Hub 'Football'	PE Hub 'Netball'	PE Hub 'Cricket'	Unit 6 'Active Athletics'
SPORTING HEROES		PELE (FOOTBALL)	NADIA COMANECI (GYMNASTICS)	LEE PEARSON (PARA-EQUESTRIAN)	ANTHONY JOSHUA (BOXING)	VIRGINIA WADE (TENNIS)	HANNAH COCKROFT (PARA-ATHLETE)
Year 4	Indoor	Swimming		Swimming		Swimming	
	Outdoor	PE Hub 'Handball'	PE Hub 'Hockey'	PE Hub 'Football'	PE Hub 'Netball'	PE Hub 'Cricket'	Unit 6 'Active Athletics'
SPORTING HEROES		ARTHUR ASHE (TENNIS)	SIMONE BILES (GYMNASTICS)	DAVID WEIR (PARA-ATHLETE)	SIR STEVE REDGRAVE (ROWING)	NICOLA ADAMS (BOXING)	SOPHIE CHRISTIANSEN (PARA-EQUESTRIAN)
Year 5	Indoor	Unit 1 'Boot Camp'	Unit 2 'Step to the Beat'	Unit 3 'Nimble Nets'	Unit 3 'Gym Sequences'	Unit 2 'Dynamic Dance'	Unit 5 'Cool Core'
	Outdoor	PE Hub 'Handball'	PE Hub 'Hockey'	PE Hub 'Football'	PE Hub 'Netball'	PE Hub 'Cricket'	Unit 6 'Young Olympians'
SPORTING HEROES		TIGER WOODS (GOLF)	MEGAN RAPINOE (FOOTBALL)	SASCHA KINDRED (PARA-SWIMMER)	SIR CHRIS HOY (CYCLING)	KATHERINE GRAINGER (ROWING)	TANNI GREY- THOMPSON (PARA-ATHLETE)
Year 6	Indoor	Unit 1 'Boot Camp'	Unit 2 'Step to the Beat'	Unit 3 'Nimble Nets'	Unit 3 'Gym Sequences'	Unit 2 'Dynamic Dance'	
	Outdoor	PE Hub 'Handball'	PE Hub 'Hockey'	PE Hub 'Football'	PE Hub 'Netball'	PE Hub 'Cricket'	Unit 6 'Young Olympians'
SPORTING HEROES		JESSIE OWENS (ATHLETICS)	KATIE LEDECKY (SWIMMING)	ALI JAWAD (PARA-POWER LIFTER)	ADAM PEATY (SWIMMING)	VICTORIA PENDLETON (CYCLING)	DANELLE UNSTEAD (PARA-SKIER)