



iMoves

PE Curriculum Overview

PE Hub



Year Group		Autumn Term		Spring Term		Summer Term	
		Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Reception	Indoor	Gymnastics		Dance (Under the Sea)	'imove – off to the zoo'	Dance (Weather)	'icommunicate – fun at the circus'
		SPORTING HEROES USAIN BOLT (ATHLETICS)	SERENA WILLIAMS (TENNIS)	LAUREN STEADMAN (PARA-TRIATHLETE)	JODY CUNDY (PARA-CYCLIST)	LEWIS HAMILTON (MOTOR RACING)	JESSICA ENNIS-HILL (ATHLETICS)
Year 1	Indoor	Gymnastics		Dance (Healthy Me)	'Skip to the beat'	Dance (Fairy Tales)	'OAA Activities'
	Outdoor	Unit 2 'Hit, Catch, Run'	Unit 1 'Attack, Defend, Shoot'	Unit 1 'Send and Return'	Unit 2 'Attack, Defend, Shoot'	Unit 1 'Run, Jump, Throw'	Challenge Day Preparation
		MICHAEL JORDAN (BASKETBALL)	LINDSEY VONN (SKIING)	ELLIE SIMMONDS (PARA-SWIMMER)	JONNIE PEACOCK (PARA-ATHLETE)	MO FARAH (ATHLETICS)	KELLY SMITH (FOOTBALL)
Year 2	Indoor	Gymnastics		Dance (The Rainforest)	'Skip to the beat'	Dance (Countries)	'OAA Activities'
	Outdoor	Unit 2 'Hit, Catch, Run'	Unit 1 'Attack, Defend, Shoot'	Unit 1 'Send and Return'	Unit 2 'Attack, Defend, Shoot'	Unit 1 'Run, Jump, Throw'	Challenge Day Preparation
		MUHAMMAD ALI (BOXING)	BILLIE JEAN-KING (TENNIS)	SARAH STOREY (PARA-CYCLIST)	WILL BAYLEY (PARA-TABLE TENNIS)	BOBBY MOORE (FOOTBALL)	DINA ASHER-SMITH (ATHLETICS)

Year Group		Autumn Term		Spring Term		Summer Term	
		Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Year 3	Indoor	Gymnastics		Dance (Samba)	'Skip to the Beat'	Dance (Bollywood)	'OAA Activities'
	Outdoor	'Handball'	'Hockey'	'Football'	'Rounders'	'Basketball'	'Athletics'
SPORTING HEROES		PELE (FOOTBALL)	NADIA COMANECI (GYMNASTICS)	HANNAH COCKROFT (PARA-ATHLETE)	LEE PEARSON (PARA-EQUESTRIAN)	ANTHONY JOSHUA (BOXING)	VIRGINIA WADE (TENNIS)
Year 4	Indoor	Gymnastics		Dance (Ancient Greeks) + Swimming	'Skip to the Beat'	Dance (Freestyle)	'OAA Activities'
	Outdoor	'Handball'	'Hockey'	'Football'	'Rounders'	'Basketball'	'Athletics'
SPORTING HEROES		ARTHUR ASHE (TENNIS)	SIMONE BILES (GYMNASTICS)	SOPHIE CHRISTIANSEN (PARA-EQUESTRIAN)	DAVID WEIR (PARA-ATHLETE)	SIR STEVE REDGRAVE (ROWING)	NICOLA ADAMS (BOXING)
Year 5	Indoor	Gymnastics		Dance (Strictly)	'Boot Camp'	Dance (Street Jazz)	'OAA Activities'
	Outdoor	'Handball'	'Hockey'	'Football'	'Rounders'	'Basketball'	'Athletics'
SPORTING HEROES		TIGER WOODS (GOLF)	MEGAN RAPINOE (FOOTBALL)	KADEENA COX (PARA-ATHLETE)	SASCHA KINDRED (PARA-SWIMMER)	SIR CHRIS HOY (CYCLING)	KATHERINE GRAINGER (ROWING)
Year 6	Indoor	Gymnastics		Dance (Savannah Harvest)	'Boot Camp'	Dance (Hip Hop)	'OAA Activities'
	Outdoor	'Handball'	'Hockey'	'Football'	'Rounders'	'Basketball'	'Athletics'
SPORTING HEROES		JESSIE OWENS (ATHLETICS)	KATIE LEDECKY (SWIMMING)	TANNI GREY-THOMPSON (PARA-ATHLETE)	ALI JAWAD (PARA-POWER LIFTER)	ADAM PEATY (SWIMMING)	VICTORIA PENDLETON (CYCLING)

